

**NEW TIME!
9:30 AM**

Brisk Walk

**Join our brisk (but not too brisk) walking group.
Reinvigorate yourself with a weekly,
half-hour walk in Riverside Park.**



SIGN UP!

Join the Brisk Walk get-together!

Day: Thursday mornings

New Time: 9:30 AM

**Place: Meet in front of Eleanor Roosevelt Statue
at 72nd St. and Riverside Drive**

To sign up, call the Project Open Office at (212) 721-8708